Health, Sports and Exercise Science
The construction of a Bachelors Degree
With the help of the CSREES Equity Grant

1. Year one started with the first, one year Equity Grant titled Health, Sport and Exercise Science "what every Health Educator should know". This focused on a couple of areas that dealt with basic staff development such as updated information, classroom presentation and technology in teaching. This grant kept us working during the summer months so we could concentrate on our work.

2. The following happened with a continuation Grant was awarded titled “Health, Sport and Exercise Science” what every Health educator should know-the next level”. As we grew and went to the next level with our curriculum we discussed the possibility of expanding our offerings to go up to the next level of degrees and offer a bachelors degree. Here are a few of the things that we did or are doing to complete this project:

- The development of an advisory committee – Academic Supervisors, local tribe, KU Med, Former Students
- Assessment for the need of the degree and how it could be used by the students and who would hire them after graduation
- Assessment of what we already offered in department and what other courses could be taken from other departments (general education courses)
- Assessment of the items needed to sustain the new degree. We had a form/proposal to show the things we had and the things we did not have. (ex. faculty, classrooms, budget)
- Administration support – local support from the President, Vive-President of Academic Affairs, Deans to other accrediting agencies like the Higher Learning Commission (NCA) This was taken to our Board of Regents several times and they supported the progress in this effort.

3. The steps and phases that are in progress at this time concerning the degree program. The Bachelors Degree is a Bachelors of Science and is titled: “Health, Sport and Exercise Science” with a concentration in one of the main areas of study listed in the Umbrella degree.

- Step/Phase # 1 - Concentration in Community Health- this will take between 1 & two years to get to be a strong program. To be used for those wanting to go into a masters degree program, work in health or wellness programs, etc.
- Step /Phase # 2 – Concentration in Sports Administration projected to be going strong one year after CH. To be for Coaches, Athletic Directors, Directors of health fitness programs, etc.
- Step/Phase # 3 – Concentration in Exercise Science. To be used by those students seeking higher level occupation like physical therapy, Certified Athletic trainer, Lab Technician etc.
Three Phases of the Health Sports and Exercise Science Bachelor of Science Degree

Some job Opportunity examples for each Concentration area

<table>
<thead>
<tr>
<th>Community Health</th>
<th>Sports Administration</th>
<th>Exercise Science</th>
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</thead>
<tbody>
<tr>
<td>Health Programs</td>
<td>Coach</td>
<td>Certified Trainer</td>
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<tr>
<td>Wellness Programs</td>
<td>Athletic Director</td>
<td>Physical Therapy</td>
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<td>Outreach Programs</td>
<td>Community Based Directors</td>
<td>Exercise Scientist</td>
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<tr>
<td>Nutrition Specialists</td>
<td>Teachers **</td>
<td>Lab Technicians</td>
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<td>Lifestyle Program Director</td>
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Tribal Communities across the nation are hiring native employees as they graduate. Many are going back to their home areas to work.

Others are going on to earn higher degrees in the areas of their choice that are in the areas covered by Health, Wellness, Sport and Exercise Science.